

## **Cog and Lockring Installation and Instructions**

Thanks for supporting AC with your hard earned dollars. Read and review these complete instructions before attempting installation. If you lack the necessary experience, tools, or doubt yourself in any way please have the cog/lockring installed by a professional. Lockrings and cogs are no joke, you could damage the cog or lockring, hub, or **even die** if this is not done properly.

Track cogs are only intended to be used on track hubs with provisions for a lockring, any other use is at your own risk.

### **Cog Installation**

1. Apply a liberal amount of grease to the cog's threads.
2. Thread the cog clockwise onto the larger set of hub threads. The cog should go on fairly smooth. Don't cross thread it. If in doubt back it off and start again.
3. Once cog is snugly threaded onto the hub use a chain whip to tighten it completely

### **Lockring Installation**

1. Our lockrings use English threads (1.29" X 24t LH). Be sure the lockring threads are compatible with your hub before installation.
2. Apply grease to the lockring threads.
3. Thread the lockring onto the hub counterclockwise. Use a lockring spanner to tighten the lockring firmly against the cog

After the first ride check the tightness of the lockring. By riding you will likely have tightened the cog further onto the hub, and the lockring will need to be retightened against it.

\*Check the tightness of both periodically\*